

# Cream Puff

Labradoodles



# Foods to Avoid

Most of us are aware that feeding chocolate to dogs is harmful, but did you also know that grapes and raisins can be just as dangerous? While it can be tempting to share your delicious snack with your best friend, you could actually be causing them more harm than good. Here's a list of the human foods you should avoid giving your furry companion:

#### **Caffeine**

Caffeinated products such as coffee and tea should be avoided at all times. Side effects can include hyperactivity, vomiting, elevated heart rate and blood pressure, tremors, seizures and even death.





# Grapes, Raisins & Currants

Grapes, raisins and currants might seem like a healthy snack to feed your puppy given that they're considered healthy for humans, but these foods are known to cause kidney failure in dogs.

#### **Chocolate**

Chocolate contains chemicals called methylxanthines, which are toxic to dogs. Different types of chocolate contain different amounts of methylxanthines. Even though some types contain less, all chocolate should be avoided. Due to its high fat content, chocolate can also put your puppy at risk for pancreatitis.



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# Foods to Avoid



# **Fried & Fatty Foods**

Most dogs love chicken and it can form part of a healthy diet for them, however, be sure not to give your puppy that leftover fried chicken from your next take out. It's likely to cause a stomach ache at best, and at worst it could cause pancreatitis.

#### **Alcohol**

This one should go without saying. Alcohol, and foods containing yeast such as raw bread dough can have a dangerous effect on your puppy. Alcohol is severely toxic to dogs. Signs of intoxication can include vomiting, excessive panting, and disorientation.



#### Macadamia Nuts



The biggest concern for dogs within the nut family is macadamia nuts. These are poisonous and should never be given to your puppy. Other nuts, such as almonds and pecans, can also be harmful due to their high fat content.

# **Xylitol**

Xylitol is used as a sweetener in many sugar free products, including gum, candy, toothpaste and sugar free ice cream. Many dogs have died or become seriously ill after eating products containing Xylitol. This is because it is quickly absorbed into their bloodstream causing a rapid release of insulin and decrease in blood sugar. Xylitol is also found in some nut butters and baked goods, so be very careful to check the list of ingredients when giving your puppy these types of treats.







# Foods to Avoid





Raw meat may seem like a logical choice for your puppy, considering he/she is an animal and would be eating raw meat in the wild. However, for a domesticated pet this can be dangerous. Raw meat and eggs can contain Salmonella, E. coli, and other potentially life-threatening bacteria. Chicken bones are also dangerous for your puppy since they can splinter and puncture them internally.

### **Salty Foods**

The occasional potato chip shouldn't cause your puppy any harm, however be careful not to let them eat too much salty food, or get into packets by themselves. Salty food can cause dehydration and sodium ion poisoning. Make sure your puppy has access to a water source at all times.



# MILK

# **Dairy Products**

Just like humans, many dogs are lactose intolerant which means they have difficulty digesting milk and other dairy products.

Giving your puppy dairy products when they are lactose intolerant can cause them to experience nasty stomach upsets.

#### Onions, Garlic & Chives

These foods can cause gastroenteritis in your puppy. More alarmingly they can cause your puppy's red blood cells to rupture and prevent their blood from clotting. Steer well away.



